

TEAM SHEFFIELD

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Thank you for entering the

Team Sheffield Open 10 mile Time Trial- Cuckney O10/5

Sunday 24th April 2022

First rider off 09:00

Event secretary: Jon Staniforth: 07917 188915 Team Dogsbody: Gail Phillips 07931 883731

or teamsheffcc@gmail.com

Any rider or supporter who believes they may have symptoms of Covid 19, or has been told to self-isolate, or is on the current list for shielding should not attend this event.

HQ: We will have an outdoor HQ at Church Warsop Parish Centre, Bishops Walk, Church Warsop, Mansfield NG20 0SN. There is limited parking here for 10-15 vehicles and toilets will be available.

Please bring your own pen to sign on with and your own safety pins if required. Numbers will be supplied at sign on. Do not cut your numbers down. On completion of your race, please sign off and place your number in the bucket of disinfectant supplied. Failure to sign off will result in a DNF.

Hand sanitiser will be available. We request you wear a face mask for signing on and maintain 2 metres distance from other riders, organisers and marshalls at all times.

You may warm up on a turbo in the car park but please ensure you safe distance between yourself and other competitors.

If you are unable to park at the venue, please park without inconveniencing local residents. No parking in the vicinity of the start or finish- for competitors familiar with the course, please do not park on the triangle of grass at the Buskeyfield Lane junction as it's makes it tricky for the timing officials to see competitors approaching the finish. There are laybys nearby and a small park in Church Warsop with a car park.

Do not warm up on the course once the event has started and do not u-turn within sight of the start or finish. Keep your head up whilst riding, at all times.

You must wear a hard shell helmet that meets international safety standards. **No helmet- no start.**

It is compulsory to wear a compliant helmet and have a working front and back light, visible to other road users and for it to be working/switched on at the start. **No lights- no start.**

Race numbers of required competitors will be available at the signing on/off point and you should attend after your race has finished without delay.

Stay safe and enjoy your ride.

Awards:

This season Team Sheffield are donating funds to a cancer charity

Organisers & Officials:

Team Sheffield: Ady Dench, Gail Phillips, Jon Staniforth, Alistair Wood

Starter: Malcolm Smith

Timekeeper: Christine Minto

Assistant Time keeper: Phil Minto

Marshalls: TBC